

Lavender Leaflet

Edition 1 of 2009

7 December 2009

HISTORY

The Lord has always put a special caring in my heart for people—especially hurting people. My career of caring started in my practice in Faerie Glen as a Biokineticist - specializing in Hydrotherapy. The practice grew quickly and many people passed through it: from students doing their internship and later Biokineticist to help with the work load of two practices; patients with physical pain from injuries, operations or the people that wanted to stay fit by exercising in water.

When I was observing my patients and their returns with the same physical pain again and again, I came to realize that all physical pain doesn't necessarily have physical causes but emotional or spiritual ones—even generational ones and cannot be relieved with physical interventions only. I then decided to do a two year course in Biblical counseling and I am at the moment working at Moreleta church as a trauma- and marriage Biblical Counselor.

Books, reading and gathering of knowledge has always been my passion. I count it my duty to help people to be informed on matters concerning their own wellbeing and I enjoy keeping people informed with information they can trust. The knowledge revolution gives access to lots of information and people can easily be misled to wrong truths.

That's how the third stage developed when I was asked to do all the teachings of the Women's Mornings and Women's Breakfasts at Moreleta church. This set a next process on the go and public speaking became the next platform to help people. Women's Days, Spring days and other Women Special days are places where I was asked to do inspirational talks all over SA.

The next stage is being set and I am in awe at what God is doing in the lives of women on an individual level but also on a corporate level. I will share my vision later in this newsletter.

I pray that Lavender Leaflet will become your best friend with information you can trust. Feel free to take part and send your testimonies and questions to be answered to elizabethd@wholeness-ministry.co.za.

Lavender thoughts...

Elizabeth

MY VISION

As I slept one night God showed me the hurt of people within the Body of Christ. They need help, support and teaching. He reminded me of a TV program: M * A * S * H, where a hospital was run in a war zone. God said we need to create a spiritual hospital within our churches to fight the unseen enemy. People need to be nurtured—nourished and navigated. Women ministries need to become the fountains of living water for their families, churches, communities and the world. They need to be trained to be spiritual nurses, teachers and counselors. They need to run a spiritual facility where restoration—inspiration and transformation can take place in order for the Body of Christ to move as a unit where God is moving...

I am inspired to help Women Ministries in SA to create this type of facility within their own ministries and to help them to mobilize their calling in their community. I usually start with 12 ladies that form the main committee and coach them for a period where we hear and seek where God is working, before I move on and come back periodically to put some coals on their fire. Twelve ladies are discipled until they again can disciple twelve...When we send people out all the time without nurturing and nourishing them they become weak and sick and lose faith... A Women Ministry is the heart of the Body of Christ that needs to be renewed with a new spirit living from a place of Jesus' impartation. God says: Come to Me, you that are heavy laden and I will give you rest... (Matt. 11: 28 -30) and "If any man is thirsty let him Come to Me and drink... (John. 7: 37b – 38) I see a "Warrior-Bride" longing for her bridegroom and who is taking the authority of Luke 10: 19 to heart and boldly stand up to the task at hand... to nurture; to nourish or to navigate the Body of Christ until it moves as a unit where God is moving...

JUST A THOUGHT

This is the time of the year when we all look forward to the long rest after a year of ups and downs. We tend to scale down, stop thinking and starting to eat and drink too much—especially on all the year-end functions.

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Just a thought: Shouldn't we use this time to clear our minds of weed thoughts: about ourselves, about our circumstances and about life? Clear our hearts of negative emotions... and free ourselves from destructive behavior? If we can start the New Year with new thoughts and new emotions it will lead to new behavior and put an end to repetitive destructive behavior... We will be able to position ourselves where God can actually use us. He will make us aware of weed and help us to plant blooming flowers of the fruit of the Spirit.

We will be able to stay there at least till after June and not be back to square one at the end of February. So start doing your weeding in thoughts and emotions to never repeat them again!! Let God plant flowers of new thoughts in your mind. (Rom. 12:2) and fill your hearts with His unconditional love (1 Cor. 13) and then we will be able to clearly hear His voice when He shows us the path that we need to follow...there where He is at work! I urge you not to come back in 2010 with the same old thoughts and the same old emotions because then you will have the same old behavior and get the same old reactions from it!

May your day be bright when the New Year dawns...May your hearts be ready to hear what you have never heard before and to see what you have never seen before so that your behavior will flow from a place of peace, hope and love that you never thought you have inside of you...

My best wishes accompany you in this Christmas season and may Jesus always be at the center of it all....always!